



Term 3 Week 1

Welcome Back!

Welcome back to all students especially those who join us new this week. We trust that your holiday has been refreshing and that you are ready for Term 3.

Don't forget to plan your table for our Trivia night on the 12th September. It will be a fun evening.

Please see over the page for an important health update from our Principal.

Operation Christmas Child

Cedars Christian College will again be involved in Operation Christmas Child during Term 3. Operation Christmas Child sends a message of hope to children in desperate situations around the world through gift-filled shoe boxes and Christian literature. This program provides an opportunity for individuals of all ages to be involved in a simple, hands-on missions project that reaches out to suffering children while focusing on the true meaning of Christmas—Jesus Christ, God's greatest gift.

During Term 3, we will be collecting items to fill shoe boxes and also accepting money donations towards the cost of sending the boxes to the children. On the reverse side of this newsletter are items that are suitable for the boxes. These items can be brought into the class teacher, or dropped in at the school office. Money donations should be handed in to the office or given to a class teacher.

If you would like more information about Operation Christmas Child, or would like to view a video on the program, log onto www.samaritanspurse.org then click onto Operation Christmas Child, then Watch the Video.

Thank you for your generosity in making a child's Christmas special.

Miss Bronwyn Harrison
Year 8 Homeroom Teacher



Upcoming Events

Thursday 6th August

Westpac Maths Challenge

Monday 10th August

National Basketball Competition
Primary Zone Athletics Carnival

Tuesday 11th August

Open lesson for Suzuki Violin 8.30am
P&F Trivia Night planning 7.30pm

Wednesday 12th August

Year 11 2010 subject selection evening

Friday 14th August

Secondary Zone Athletics Carnival

Monday 17th August

Year 12 Trial Examinations begin

Tuesday 18th August

South Coast Public Speaking
Competition

Thursday 19th August

Year 7 Vaccinations

Suzuki Violin Group

Our open lesson is on next Tuesday! We have had calls from a number of interested parents to attend the demonstration lesson for our Suzuki method violin group. Julie Marshall is looking forward to meeting for the first time on Tues 11th Aug at 8:30am in the Middle School computer room. Children wishing to continue lessons will meet again on Thurs 13th at 8:30am and Fri 14th at 8:30am, and continue 3 times a week.

If you are interested in the program or in attending the open lesson please register your name to Sandra at Reception this week.

Melissa Sullivan
Music Teacher

Wednesday August 5, 2009



Prayer Points

We want to praise God for:

- A refreshing holiday
- A very successful staff professional development week with a focus on creativity

We also want to pray for:

- Our Year 12 students as they prepare for their Trial examinations
- Our new students

Bible Verse for the week:

In the past God spoke to our forefathers through the prophets at many times and in various ways, but in these last days he has spoken to us by his Son, whom he appointed heir of all things, and through whom he made the universe. The Son is the radiance of God's glory and the exact representation of his being, sustaining all things by his powerful word.

Hebrews 1:1-3



Canteen Roster

Thurs 6th Aug	Help Needed
Fri 7th Aug	Terina White Vanessa Hopkins
Mon 10th Aug	Help Needed
Tues 11th Aug	Kristy Boswell
Weds 12th Aug	Christine Lynsay
Thurs 13th Aug	Helen Djukic
Fri 14th Aug	Janet Owen Carol Hutchinson

For more information or to volunteer please phone Narelle Petrovski on 0418 685 802.

Health Update

Dear Parents/Guardians,

I am writing to remind you of the current information regarding the control of Human Swine Influenza.

In regard to procedures for responding to the illness, the Australian Government entered into the phase of response known as the PROTECT Phase in June. This phase was introduced because the virus is currently not as virulent as was anticipated, and is generally only producing a mild disease in most people, severe in some and moderate overall. The advice from NSW Chief Health Officer is as follows:

"...people who have no underlying medical conditions and are experiencing only mild flu - like symptoms should stay at home and minimise contact with others, until they are well. People who develop moderate symptoms should see their GP. Those with severe symptoms should go to their nearest Emergency Department."

(www.emergency.health.nsw.gov.au/swineflu/news/2009/20090617_00.html)

Based on this information, advice to schools is as follows:

a) Any student or staff member who develops flu - like symptoms should stay home until well again, and see their doctor as necessary.

b) All students and staff should maintain a very high level of personal hygiene.

This advice essentially means that the usual processes for responding to student illness are the same as they would normally be. However, what is also very important is that you **remain vigilant in checking on the ongoing health of your child**. Please watch carefully for signs or symptoms of flu - like illness such as fever, cough, headache, unusual tiredness, muscle - ache, sore throat, chills or shortness of breath. Keep your child away from school at first sign of illness.

The advice from NSW Health is that **pregnant women, as well as people with underlying chronic diseases, are potentially more vulnerable to the more serious effects of all forms of influenza, including the H1N1 strain**. With this in mind, to prevent contact with pregnant staff and parents and members of the school community with pre - existing health problems, I especially seek your assistance in ensuring that **your child does not attend school with flu symptoms**. I ask that you particularly mention this to the medical practitioner who assesses your child so that appropriate caution is exercised.

We will continue to communicate with you if there are any changes to this advice. In the meantime, if you have any questions regarding this issue, please contact the school.

Julie Reynolds
Principal



ITEMS SUITABLE FOR CHRISTMAS BOXES

Something to Love: Teddy bears, Koalas, Dolls, Soft toys (not too big)

Something to Play With: Tennis balls, Toy farm, Zoo animals, Super bouncy balls, Music boxes, Trucks and cars, Finger puppets, Trains, Plastic tea sets, Boats, Yo-Yos, Lego building blocks, Jigsaw puzzles, Skipping rope, Marbles and storage bag, Simple craft, Mouth organ, Recorder, Stickers, Games, Bags, Bangles, Necklaces, Kaleidoscopes. (**No** battery operated toys)

Something to write/draw with/on: Textas, Colouring books (small), Colouring pencils (remember sharpener), Exercise books, Lead pencils, Rubbers, Note-pads, Pens, Puzzle books (dot to dot), Crayons, Highlighters, Eraser, Chalk, Pencil case.

Something for Personal Hygiene: Toothbrush, Hairbrush, Comb, Hair clips, Scrunchies, Soap (wrapped), Face washer. (**No** toothpaste)

Something to wear:

T-shirts, Underwear, Sunglasses, Handkerchiefs, Baseball caps, Hats, Beanies, Scarves, Gloves, Socks, Bangles, Necklaces.

Please do NOT include the following items

- No toy guns, knives, or other war related items.
- **No food of any kind.**
- No batteries.
- **No liquids of any kind** (eg shampoo, lotion, bubble bath, liquid glue, glitter glue, toothpaste, playdough)
- No medicines or vitamins of any kind.
- No breakable items (eg glass, mirrors, china dolls, nail polish, mugs, ornaments).
- **No second hand, used goods or clothing.**
- No play money, shells, plasticine, playing cards or dominoes.
- No make-up, razors, sharp scissors.

