

SNAPSHOT



cedars
christian college

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Cedars Snapshot is a weekly publication produced for the families and wider community of Cedars Christian College.

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MESSAGE FROM THE PRINCIPAL



LEADERSHIP DEVELOPMENT

An important part of our mission statement is a commitment to developing leaders. We do that in a range of ways – both within the school and outside the school. One of our programs is our special Year 10 Leadership Development Day which we hold at a beautiful site on the Port Hacking River.

It has been my privilege to speak with our Year 10 students every year for the last 5 years to share with them some of the foundational aspects of leadership. The material we use for this day comes from Sean Covey's book "The 7 Habits of Highly Effective Teens" which I highly recommend.

An important lesson for the prospective leader is to understand the circle of control. We know that in life sometimes there are challenges which we cannot control. We cannot control our genetic makeup, the weather, other people's comments or some situations. But we can control our choices, our responses, ourselves and our attitudes. Knowing this brings great freedom to us. If we can decide to concentrate our energy on those things which we can control then we will not be burdened by angst and bitterness when we come up against situations which we can't control. An example could be an unkind comment from someone else to me. I can choose to worry about it, talk about it and begin to believe I am a victim. In this state I am preoccupied with the comment and can lose confidence and indeed my own freedom. But if I recognise I can't control what other people say about me and my power rests in controlling how I respond to what others say then I suddenly have a choice. I can speak to them about it, I can choose to ignore it, I can decide to spend my time with other people – whatever my choice is I am able to make it myself and suddenly I am back in the circle of control.

Another one of the aspects which

Year 10 and I considered was the importance of being proactive and not reactive. What do I mean by this? It means taking responsibility for not only our actions but for our reactions to the things that life throws at us. Unfortunately we live in a time in history when there is more and more pressure to blame others for the situations we find ourselves in. The book, and indeed our Christian faith, encourages us to take ownership for our own actions and to focus on those things that are important and eternal. Covey argues that:

Reactive people:

- Are easily offended
- Blame others
- Get angry and say things they later regret
- Whine and complain
- Wait for things to happen to them
- Change only when they have to

Proactive people

- Are not easily offended
- Take responsibility for their choices
- Think before they act
- Bounce back when something bad happens
- Always find a way to make it happen
- Focus on things they can do something about, and don't worry about things they can't

At Cedars we have a commitment to helping our students be 'in control' and 'proactive'. These are important lessons which we can all continue to learn and practice together.

I want to commend our Year 10 students for their involvement, good humour and great leadership potential. I am also grateful to Mr Walton and Mr Clunas who helped make the day possible. It was a privilege to spend the day with Year 10 last week – I know that they will bring strong leadership to our Senior College in the next two years.

Julie Reynolds
Principal

UPCOMING EVENTS



WEDNESDAY JUNE 29

- Middle School and Senior College Parent/Teacher Interviews
- Year 7 Immunisations

THURSDAY JUNE 30

- Canteen "Treat Day"
- Middle School and Senior College Mufti and 'Crazy Hair Day'

FRIDAY JULY 1

Last day of Term 2

MONDAY JULY 25

First day of Term 3

TUESDAY JULY 12

Yr 12 HSC Advanced English excursion, Seymour Theatre

WEDNESDAY JULY 20

TO FRIDAY JULY 22

Jindabyne Ski Trip

FRIDAY JULY 22

HSC Enrichment Day

TUESDAY JULY 26

High School Zone Athletics

FRIDAY JULY 29

Surf Lifesaving Years 2,4 and 6

MONDAY AUGUST 1

Week of Junior School Parent/Teacher Interviews

Upcoming Event Information is also located on Cedars Website. Go to: <http://cedars.nsw.edu.au/calendar.html>

PRAYER POINTS



WE ARE THANKFUL TO GOD FOR:

- An enjoyable and informative trip to Canberra for Year 6.
- Excellent achievements by students during Term 2 in sports, the performing arts, mission and academically.

WE ARE ASKING GOD FOR:

- A safe and restful holiday for families, students and staff.
- A great start to Term 3, 2011.

BIBLE VERSE OF THE WEEK:

*"I delight greatly in the Lord;
My soul rejoices in my God,
For He has clothed me with
garments of salvation and arrayed
me in a robe of righteousness..."
Isaiah 61:10*

JUNIOR SCHOOL



3 HUGHES WEAVES A WEB!

3 Hughes created a tangled web in the Junior School playground, creating Art inspired by spider webs. Students are currently reading *Charlotte's Web* and have been looking at the various types of webs created by different spiders. Using different coloured wool, students then designed their own webs.

We all enjoyed the experience and I assured them their work was good enough to be displayed in the Art Gallery.

Hopefully the elements will be nice to us and the art will remain there until the end of the Term, so please come to the Web Art Gallery in the lower undercroft.

Mrs Karen Clifford
Year 3 Teacher



3 Hughes students weave webs

SALLY SQUAD VISITS JUNIOR SCHOOL

Natalie Miller is a talented children's entertainer who is supported by a host of interesting personalities. Last Tuesday the Sally Squad visited Junior School assembly. Sally, Jerry and Summer are puppets that Natalie used to share her passion of caring for others.

All the students thoroughly enjoyed Natalie's show so you might be interested to know that every week Natalie posts a weekly devotional on youtube; simply type in The Sally Squad Channel to youtube and watch Natalie along with her interesting characters.

During the holidays Natalie will be running a holiday puppetry program. Your child might love to have a few days with the Sally Squad making and learning about puppets from an expert.

Mrs Carol Ramsey
Chaplain

The Sally Squad visits Junior School



Web weaving



Sally Squad - video

MIDDLE SCHOOL

YEAR 6 GOES TO CANBERRA

Year 6 students from our school have recently undertaken an educational tour of the national capital. While on this tour they participated in a variety of educational programs focused on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit their National Capital as part of their civics and citizenship education.

To assist us in meeting the cost of the excursion the Australian Government is contributing funding under the Parliament and Civics Education Rebate (PACER) program toward the travel expenses incurred. This will be paid after the completion of the excursion.

We would like to thank the Australian Government for their support of this program.

Mr Mark Wynn
Year 6 Teacher



Sarah Mammone at Old Parliament House



Year 6 students outside the Australian War Memorial

Canberra Highlights

Year 6 students had the opportunity to visit 6 sites in Canberra. These included Parliament House, Old Parliament House, Questacon, The Australian Institute of Sport, The Australian War Memorial and Cockington Green.

It was a great experience for our students which enhanced what they had been learning in the classroom.

Here are some quotes from a few of our students:

"My favourite part of Canberra was all of us being together learning more about government and other history, stories and more."

Allyssa Judd

"I loved it at Canberra. It was great to do more bonding with your friends and teachers. Just that little time has opened everyone's eyes."

Chloe Jollow

"The best bit was Questacon. I scared ten people in a merry-go-round room (the room was nearly pitch black) and got 3 of them to scream."

Jordan Niland

"At Parliament house I got to see Julia Gillard, Tony Abbott and Kevin Rudd. It was so cool. Parliament House was quite interesting."

Nikita O'Neill

"My favourite part was Questacon, especially on the little roller coaster simulator. I had a fun time."

Sarah Mammone

CIS X-COUNTRY

On Thursday 16th June **Joel Starr** represented CSSA and competed at the Combined Independent Schools X-Country championship at Eastern Creek Raceway. He continues to excel as an athlete, and as a great representative of our school. Joel finished a very credible 19th position, improving his result from last year by one place.

Congratulations Joel on your outstanding performance!

Mr Mark Wynn
Primary Sport Coordinator

SENIOR COLLEGE



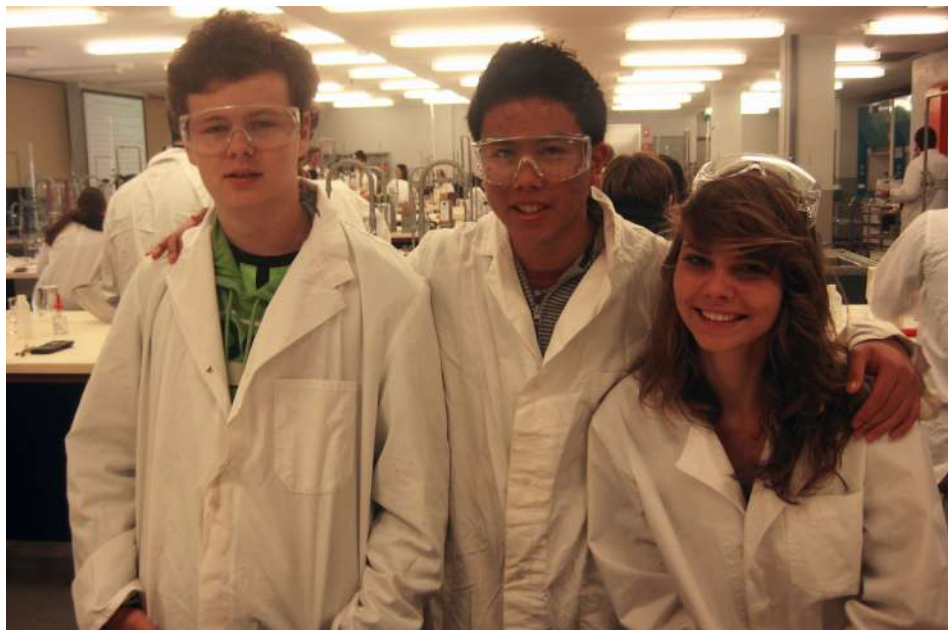
STUDENTS TEST THEIR ENGINEERING SKILLS

Year 10 students from Cedars recently took part in The Science and Engineering Challenge which was held at the University of Wollongong. The event was designed to expose students to the type of problems that engineers could be faced with and to give them the opportunity to think like engineers.

Students were placed in teams and were set a variety of tasks to test their problem solving capabilities. Some of the activities included designing and building model aeroplanes, constructing model houses to cope with extraordinary weather events and building bridges to support varying loads.

Cedars students equipped themselves well on the day and the excursion helped many students to refine their ideas about future career choices.

Mr Darryl Sullivan
Science Teacher



Cedars Students at Titration Competition

CEDARS STUDENTS SHINE AT UOW

A team of three year 11 Chemistry students represented Cedars at the Royal Australian Chemical Institute's Titration Competition recently.

The event was held at the University of Wollongong's Chemistry laboratories on Saturday, June 18. The competition tested students' skills in a technique of chemical analysis. The Cedars team of Gabriel Phillips, Mitchell Gulic and Jao Magsipoc were in a field of seventeen teams, many of these were year twelve students who had competed previously at the competition.

The novice Cedars team had prepared for the event by practising during their lunch breaks. Their excellent team work on the day was a feature of their significant effort. The judges deliberated and our team was rewarded with second place overall. This was an outstanding result especially when considering their competition which included other local prominent private and selective high schools who fielded multiple teams.

Congratulations to Gabriel, Mitchell and Jao for their success and fine effort on the day.

Mr Darryl Sullivan
Chemistry Teacher



Cedars students at Science and Engineering Challenge

NEWS & PHOTOS

SECONDARY ATHLETICS CARNIVAL

After a couple of false starts the Secondary Athletics Carnival was finally run at Beaton Park on Monday 20th June. Thanks to all the staff, students and parents for their flexibility and support of the day.

There were some outstanding performances and we will take a strong team through to the Zone carnival on the first Tuesday of next Term at Beaton Park. Students will be receiving notes this week so please get them back in as soon as possible.

The results were as follows:

House Points:

Deakin 1,391
Orton 1,272
Johnson 1,194

Age Champions:

Girls

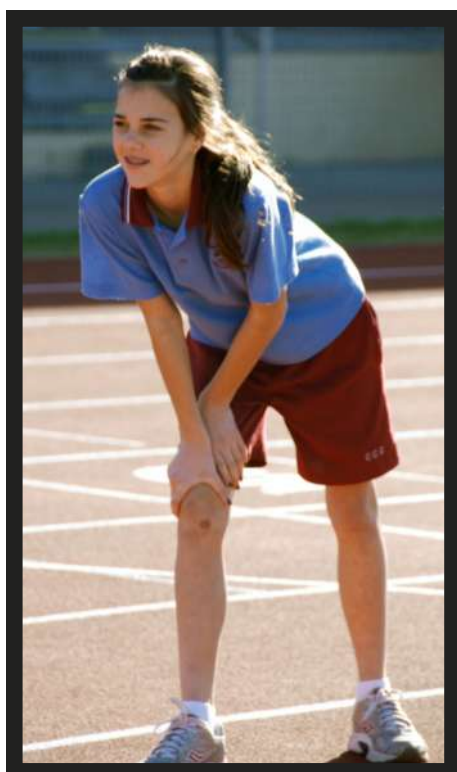
12 yr Comfort Ferguson
13 yr Abbey Dawson

14 yr Elizabeth Lamacchia
15 yr Courtney Cochrane
16 yr Danielle Lovatt
17 yr Emily Lukies

Boys

12 yr Sam Marchant
13 yr Jake Power
14 yr Mathew Mikic
15 yr Zac Plumb
16 yr Christian Gaulke
17 yr Adrion Djukic
18 yr Joshua Lukies

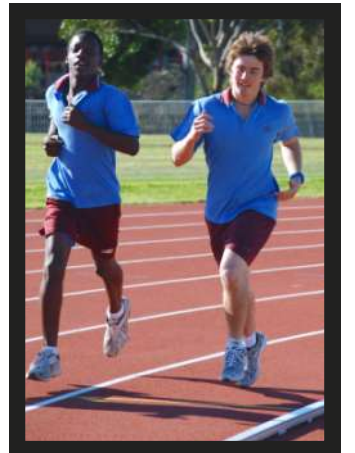
Mr Tim Johnson
PDHPE Teacher



Secondary Athletics Carnival Video



NEWS & PHOTOS



NEWS & PHOTOS



YEAR 10 LEADERSHIP DAY

Recently Year 10 travelled to Port Hacking for a Leadership Development Day. The day involved a variety of activities that focussed on team work, problem solving, communication, leadership, values and goals. We were able to hear from Mrs Reynolds who delivered some thought provoking material on leadership and self awareness.

Although most people got wet on the dragon boats we had a fantastic day, especially Mr Walton's boat who defeated Mr Clunas's boat. Next Term the Year 10 students will nominate for student leadership positions in 2012. This is a great opportunity for them to further develop their capacity as a leader and grow in an area that they are passionate about.

Mr Steve Walton
Deputy Principal



NEWS & PHOTOS



ALL SCHOOLS RUGBY LEAGUE

On Tuesday 7th June the Under 15 rugby league team participated in the All Schools Rugby League Competition at Croome Road Sporting Complex.

With only a handful of our students regularly playing rugby league, it was always going to be a tough competition against some of the larger schools. However, the boys showed amazing determination and effort and were able to remain competitive during their matches. The boys tackled really well and were willing to put their bodies on the line to do their school proud.

Some outstanding performances on the day were from Jono Gardner-Simon and Matt Mikic who ran the ball up hard and made several metres, and there were great defensive efforts from Toby Adams and Kyle Walker. Our lone try of the day came from a brilliant run from Rhys Cull, which eventually led to Liam Manton scoring in the corner.

Well done to all the boys for their great efforts!

A special thanks to Mr Manton who took some great photos on the day.

Mr Mark Wynn
Coach



The Under 15's Rugby League team in action

CROSS COUNTRY MOUNTAIN BIKE CHAMPIONSHIP

On Sunday 19th of June three Cedars boys travelled to Yellomundee Regional Park to participate in the 3rd annual NSW All Schools Cross Country Mountain Bike Championships.

Jake Power and Jordan Hunt (year 8) and Liam Manton (year 9) teamed up with boys from Edmund Rice Col-

lege and Keira High to compete in the 4 hour team relay event.

Liam Manton raced in the intermediate category and his team finished a very creditable 5th out of 9 teams completing 12 laps of the 5km circuit. Jake Power and Jordan Hunt raced in the Junior age category. These boys also rode consistent laps all race but suffered a delay due to a flat tyre.

Thanks to parents Gary Hunt and Tim Manton for their support of the teams on the day.

Liam Manton riding cross country



Under 15's Rugby League Team

NEWS & NOTICES



HEADLICE

Parents should be aware that there has been a case of headlice reported in Junior School.

Please ensure that you are checking your students and treating as required. For further information about treatment please go to the following website:

www.health.nsw.gov.au/factsheets

COLES SPORT FOR SCHOOLS

Last year Coles ran a promotion for schools to collect tokens from every \$10 spent in store. Thanks to your generous contributions, our school was able to collect 30,620 points to go towards sporting goods, which have finally arrived.

We were able to choose a number of valuable items that will be greatly utilised by our students.

These are: * 2 sets of 5 stopwatches

2 large sports first aid kits

1 air compressor

1 megaphone

1 size 5 soccer kit

1 size 5 AFL kit

1 set of training vests

This equipment will be of great benefit to our school, and we would like to, once again, thank you for your efforts in collecting tokens for our school.

Mr Mark Wynn and Mr Tim Johnson
Sports Coordinators

NEW UNIFORM SHOP HOURS

We have received a lot of positive feedback from parents about the new uniform supplier and our on-campus uniform shop. However, there have also been a number of requests to change the opening hours of the uniform shop allowing more parents to readily access this service.

The new hours will begin Term 3:

Tuesdays: 3:00pm – 4:30pm

Fridays: 8:15am – 11.00am

These changed times will begin Week 1 in Term 3.

REMINDER

The residents of the Nursing Home and the Retirement Village next to Cedars have requested that parents refrain from using the parking lots of these facilities as they are used for visitors of the residents. Thank you for your co-operation and consideration.

PARENT PARTICIPATION

Reminder - PPS Hours Recorded for Term 2

Just a reminder that all PPS hours for Term 2 need to be recorded on your card in Reception in the main office so that a charge won't be added to your account.

These cards are the record we use to calculate credits for PPS so we ask that you check your card if you are unsure if all your hours have been recorded.

Please ensure your card has been completed by Thursday June 30.

SECOND HAND CLOTHING POOL

Due to lack of space in our Junior School and Main Offices, the Second Hand Clothing Pool will close at the end of Term 2, 2011.

As the school is no longer able to offer this service, parents may wish to pass their items of clothing on to other members of the school community of their own accord.

As such, the offices will no longer be able to accept second hand items of clothing starting Term 3.

If you are interested in looking through the items of second hand clothing which are now located in the school offices, please do so before Term 3 begins.

CANTEEN ROSTER

| DATE | STAFF |
|-----------|-----------------|
| 25/7/2011 | Terina White |
| 26/7/2011 | Georgie Rankine |
| 27/7/2011 | Help Needed |
| 28/7/2011 | Lisa Power |
| 29/7/2011 | Allison Cromie |

For information or to volunteer, please phone Narelle on 0418 685 802.

NOTICES

MOVIE NIGHT

**SATURDAY SEPTEMBER 3 2011 ON THE COLLEGE OVAL
5.30PM DINNER**

6.30PM MOVIE BEGINS

**MOVIE TICKET PRICE: \$25 FAMILY (2 ADULTS 2 CHILDREN)
UNDER 5 FREE \$10 PER ADULT \$5 STUDENTS
DINNER CAN BE PURCHASED SEPARATELY**

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NO ALCOHOL**

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