

Sandwiches on wholemeal bread	
Vegemite	2.50
Cheese (light)	2.50
Tomato	2.50
Salad	3.00
Chicken Breast	3.50
Chicken Breast Salad	4.50
Chicken Breast, Lettuce and Mayo (egg free)	4.50
Light Ham	3.50
Leg Ham Salad	4.50
Tuna	3.00
Tuna, Lettuce and Mayo (egg free)	4.00
Extra Fillings	50c
Toasted	50c

Wraps and Salads	
½ Chicken Breast, Lettuce and Mayo (egg free)	4.00
Salad container with Chicken Breast or Light Ham or Tuna, Light Cheese, Bread (dressing optional)	7.00
Garden Salad only in square container with lid	6.00

Hot Food	
Low Fat Meat Pie	3.50
Chicken Breast Nuggets	50c
Lit'n up Sausage Roll	3.50
Pizza Singles: Cheese and Bacon	2.50
Pizza Rounder	2.50
Tomato sauce sachet	50c
Pasta twirls	3.50
Macaroni & Cheese	3.50

Frozen Treats	
Frozen Yoghurts	2.50
Frozen Juice Cups (Apple)	1.50
Moosies Chocolate	1.50
Ice Monies – 3 flavours	1.00
Snap stix	1.00

Drinks	
Small Flavoured Milk – Low Fat (Chocolate, Strawberry)	2.50
Oak Flavoured Milk – 500ml – (Chocolate, Strawberry)	3.50
Nippy's Flavoured Milk Reduced Fat (Chocolate)	3.50
Water – 600ml	2.50
Fruit Juice – 250ml (Orange or Apple)	2.50
Chilli J drinks – (Raspberry and Grape)	2.50

Snacks	
Fresh Fruit – Banana, Apple, Orange	1.00
Red Rock Deli Small Chips (Plain)	1.50

Please Note: The aim of the new menu is to provide nutritious, appetizing, fresh food at an affordable price to encourage students to make healthy food choices.

Ordering Procedure

- On a large lunch bag clearly print: child's name & class, lunch/recess on different bags.
- **Brown paper lunch bags cost 20c**
- Write your order with correct menu prices and total cost.
- **Staff and student lunch orders need to be in by 9.30am.**
- Please fold bags into 4. Please do not staple or sticky tape.
- If necessary, orders may be changed if insufficient money is enclosed.
- **Please do not use overseas currency as this will affect your child's lunch order.**

Help is always needed in the canteen. Volunteer hours contribute to your PPS. Contact Narelle at the canteen or phone 0418 685 802 between 9.30am and 1.40pm.

Key

- Green** - Everyday Option
- Amber** - Occasional Option
- Red** - Higher fat, salt and kilojoules
- NACF** - No artificial colours and flavours